



UCHTA®
(Utah Chang Hun Taekwon-do Alliance)
Presents:



The 30th ANNUAL UTAH CUP TOURNAMENT

Sponsored by: Utah Chang Hun Taekwon-do Alliance
(Open to USTF Members and their Students Only)

DATE: Saturday May 16, 2026

LOCATION:

Community of Grace Presbyterian Church (Main Gym)
2015 East Newcastle Drive
(About 89th South & Highland Drive)
Sandy, UT 84093-1622

Tournament Director: Grand Master William Dubbeld, IX
Chief Referee: TBD

Competition in:

INDIVIDUAL: Patterns, Sparring, Breaking (13 yr min)

(Possible Breaking for Under 12 yrs. & Pee-Wee breaking on plastic boards, depending on interest)

AND

TEAM Breaking - 5 members, \$30.00 per team

USTF/ITF Rules will apply to all events

Entrance Fees:

All spectators, Free of Charge

ALL Competitors PRE-REGISTERING by May 11, 2026:

One event	Two Events
\$30.00	\$35.00

<u>Competitors registering at the door:</u>	<u>One event</u>	<u>Two Events</u>
USTF members and invited guests:	\$35.00	\$40.00
“UCHTA” members:	\$32.00	\$37.00

Schedule of Events:

8:00 a.m. - Check-In Begins

All competitor registration forms must be submitted for bracketing prior to rules meeting.

Bracketing may be modified to accommodate the variety of competitors at the discretion of the
Tournament Director.

This may include, but is not necessarily limited to:
Combining similar ranks, weights, and/or age brackets.

8:45 a.m. - Rules Meeting

Note: HEAD GEAR is **Mandatory** for **ALL Sparring Divisions**.

9:00 a.m. – Black Belt Pattern Competition Begins

Followed by Colored Belt Competition & BB Sparring And Team Breaking At End (Team
Breaking if time permits)
(Schools may enter more than one team for Team Breaking.)

NOTE: SPARRING POINT UPDATE

Continuous Sparring Point Values to Follow the Current USTF System

1 point for ANY Legal “Standing” Hand Technique to body or head.

2 points for ANY Legal “Jumping” Hand Technique to the Head

1 point for ANY Legal “Standing” Foot Technique to body.

2 points for ANY Legal “Standing” Kick to the Head.

2 points for ANY Legal “Jump” Kick to the Body.

3 points for ANY Legal “Jump” Kick to the Head.

The Sponsor will keep tally of School points, to be awarded as follows:

15 points for each 1st place finish

10 points for each 2nd place finish

5 points for each 3rd place finish

Grand Champion School Trophies will be presented by:

Tournament Director:

Grand Master William Dubbeld, IX Dan



2026 Utah Cup Tournament

May 16, 2026



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"UCHTA" (Utah Chang Hun Taekwon-do Alliance)

Competitor Registration

Make Checks payable to and Send forms and payments to:

UCHTA
3107 South Lincoln Street
Salt Lake City, UT 84106
Phone: 801-633-6909 or 801-550-4714

Competitor Name: _____ USTF No: _____

Address: _____

City/State/Zip: _____

Email Address: _____

Rank: _____ Contact Phone #: (____) ____ - _____

TKD School: _____

Age: _____ Sex: ☐ Male / ☐ Female Height: _____ ft. _____ in. Weight: _____ lbs.

Events Entered:

<input type="checkbox"/> P	<input type="checkbox"/> Patterns Only (Pre-registered \$30; At the door \$35/if "UCHTA" \$32)	(\$ _____)
<input type="checkbox"/> S	<input type="checkbox"/> Sparring Only (Pre-registered \$30; At the door \$35/if "UCHTA" \$32)	(\$ _____)
<input type="checkbox"/> B	<input type="checkbox"/> Patterns & Sparring (Pre-registered \$35; At the door \$40/if "UCHTA" \$37)	(\$ _____)
	<input type="checkbox"/> Breaking, Individual (Pre-registered \$12; at the door \$15)	(\$ _____)
	(Team Breaking: Register and fill out a separate form the day of the tournament)	

NOTE: For
bracketing
use only

Total: (\$ _____)

For use of individual accepting fees:

Amount Paid: _____ Date: _____ Received By: _____

I understand that there are certain risks involved with Taekwon-Do competition and that reasonable efforts will be made to prevent injury or accident. I certify that I am in good physical condition and that **I am covered by a personal health insurance policy in the event of injury.** I hereby release the organizers, fellow competitors, judges and officials, sponsors, advertisers, the United States Taekwon-Do Federation and its officers, UCHTA and its officers, and the owners of the facilities where the tournament is held, from any and all liability for injuries sustained or sicknesses contracted while participation in or watching this tournament. I also release any photographs or videotape taken of me during this event to be used by the sponsors for Taekwon-Do related publicity, and waive all claims for compensation for the use of said photographs or videotape.

Personal Health Insurance Coverage Provided by: (Company Name) _____

Dated this _____ day of _____ 2026.

Competitor's Signature

Signature of Parent if Competitor is under 18 years of age



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Release and Waiver of Liability and Indemnity Agreement

(Read Carefully Before Signing)

In consideration of being permitted to participate in any way in the Martial Arts Program indicated below and/or being permitted to enter for any purpose any restricted area (here in defined as any area where in admittance to the general public is prohibited), the Participant (if an adult), or parent(s) and/or legal guardian(s) of the minor participant named below agree (if a minor):

1. The Participant (if an adult) or parent(s) and/or legal guardian(s) will instruct the minor participant (if a minor) that prior to participating in the below martial arts activity or event, he or she should inspect the facilities and equipment to be used, and if he or she believes anything is unsafe, the participant should immediately advise the officials of such condition and refuse to participate. I understand and agree that, if at any time, I feel anything to be UNSAFE; I will immediately take all precautions to avoid the unsafe area and REFUSE TO PARTICIPATE further.
2. I/We fully understand and acknowledge that:
 - a. There are risks and dangers associated with participation in martial arts events and activities which could result in bodily injury partial and/or total disability, paralysis and death.
 - b. The social and economic losses and/or damages, which could result from these risks and dangers described above, could be severe.
 - c. These risks and dangers may be caused by the action, inaction or negligence of the participant or the action, inaction or negligence of others, including, but not limited to, the Releasees named below.
 - d. There may be other risks not known to us or are not reasonably foreseeable at this time.
3. I/We accept and assume such risks and responsibility for the losses and/or damages following such injury, disability, paralysis or death, however caused and whether caused in whole or in part by the negligence of the Releasees named below.
4. I/We HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE the martial arts facility used by the participant, including it owners, managers, promoters, lessees of premises used to conduct the martial arts event or program, premises and event inspectors, underwriters, consultants and others who give recommendations, directions or instructions to engage in risk evaluation or loss control activities regarding the martial arts facility or events held at such facility and each of them, their directors, officers, agents, employees, all for the purpose herein referred to as "Releasee"...From all liability to the undersigned, my/our personal representatives, assigns, executors, heirs and next of kin For any and all claims, demands, losses or damages and any claims or demands therefore on account of any injury, including but not limited to the death of the participant or damage to property, arising out of or relating to the events(s) caused alleged to be caused in whole or in part by the negligence of the releasee or otherwise.
5. I/We HEREBY acknowledge that THE ACTIVITIES OF THE EVENT(S) ARE VERY DANGEROUS and involve the risk of serious injury and/or death and/or property damage. Each of THE UNDERSIGNED also expressly acknowledges that INJURIES RECEIVED MAY BE COMPOUNDED OR INCREASED BY NEGLIGENT RESCUE OPERATIONS OR PROCEDURES OF THE RELEASEES.
6. EACH OF THE UNDERSIGNED further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of the Province or State in which the event is conducted and that if any portion is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.
7. On behalf of the participant and individually, the undersigned partners(s) and/or legal guardian(s) for the minor participant executes this Waiver and Release. If, despite the release, the participant makes a claim against any of the Releasees, the parents(s) and/or legal guardian(s) will reimburse the Releasee for any money which they have paid to the participant, or on his behalf, and hold them harmless.

I HAVE READ THIS RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME AND INTEND MY SIGNATURE TO BE COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Martial Arts School: _____

Participant Signature: _____

Parent or Guardian Signature (if minor): _____

Printed Name of Participant: _____

Address of Participant: _____

Received by: _____

Date / Registrar Signature / Printed Name